



Loudon Park, 4295 Victoria Ave, Nanaimo, BC, Canada, British Columbia V9T 2A9

Email: nanaimo.rowing@gmail.com

Website: nanaimorowingclub.com

Job Posting

Position: Part- time Morning Rowing Coach

Location: Nanaimo, B.C.

Start Date: ideally April 1, 2025-but may start earlier or later

Program Hours: Monday, Wednesday, Friday 6-730 am

Overview: The Nanaimo Rowing Club (NRC) was established in 1992 at Loudon Park on the beautiful and sheltered Long Lake. On water rowing is possible for most of the year as the lake rarely freezes. Nanaimo is a beautiful oceanfront city with a growing population of 105,000. Nanaimo offers a wonderful lifestyle offering urban convenience while still surrounded by natural beauty and amazing access to outdoor pursuits and nature. It is only a short ferry ride to Vancouver and has a growing airport as well.

Nanaimo Rowing Club provides a community environment to foster a passion for both recreational and competitive rowing in our Junior, Senior and Masters athletes. Like the city, the club is growing as well. We are looking for a coach with a passion for rowing and enthusiasm to help lead, support and nourish our growing program. We are looking for someone with a positive attitude and great communication skills who will have the support of a fun and friendly executive board and a very organized and enthusiastic Boathouse and Equipment manager and join our team of coaches.

Purpose of the position:

1. To coach/instruct the Masters, Senior and Competitive Junior athletes for morning practice three days a week.
2. To promote the values of the NRC and the sport of rowing in the community
3. To assist with day-to-day administration of the Club regarding the NRC morning program with support from the executive
4. To work cooperatively with the other club coaches to build and support the NRC Masters, Senior and Junior programs.

Qualifications:

Pleasure boat Operators license required
RCA Performance Coach or working towards this qualification*
Strong knowledge of boating safety
Knowledge of rowing mechanics, fundamentals and techniques
Basic First Aid
Strong interpersonal and communication skills
Leadership skills and ability to work effectively as a member of a team
Experience working with youth an asset
Meeting RCA “Every Coach Certified” qualifications*:
 NCCP Coach initiation in Sport
 NCCP Rowing Essentials
 NCCP Make Ethical Decisions
 Criminal Record Check and Vulnerable Sector check
 NCCP Safe Sport module

*for the right candidate NRC will support additional necessary coach certification

Responsibilities:

1. To promote the philosophy, principles and priorities as established by the Club

- a. Always exhibit the values of fun, sportsmanship, dedication to the sport and team spirit that is expected of any coach
- b. Recognize the responsibility as a role model for the athletes
- c. Promote a positive and cooperative atmosphere and encourage camaraderie among members.
- d. Promote and work within the model of Long-Term Athlete Development
- e. Ensure athletes are aware of opportunities to row for Zone, Provincial and National Teams and to help facilitate those opportunities.
- f. Support and facilitate training for athletes to meet selection requirements set out by governing bodies, ie. RCA Trials, Selection Camps.

2. Assist with setting a monthly calendar for NRC Morning Programs

Expected hours include Monday, Wednesday, Friday 6-730 am
Break for Christmas, Break in summer before school starts.

- a. Ensure team app is up to date
- b. Provide reasonable notice if time off is required and work with part-time coaches to fill in schedule if time off is needed.

3. To work in cooperation with other program coaches and the Executive to coordinate coaching programs and goals

- a. Attend coaches’ meetings on a regular basis or as needed
- b. Provide yearly training plans for rowers
- c. Keep any program coaches informed of upcoming events and regatta information, training opportunities and information, as well as associated deadlines, to pass onto their athletes
- d. Provide resources to promote the technical recommendations of Rowing Canada

- 4. Ensure safety standards are clearly communicated and upheld**
 - a. Work with the Registrar and program coaches to ensure that all are registered prior to on-water sessions and follow NRC safety policy and RCA rowing safety guidelines
 - b. Review safety policy annually or as needed with the Executive
 - c. Issue Safety Advisories including invoking of cold-water rules and heat advisories related to the morning program
- 5. Provide recommendations to the Executive on matters to improve the functioning of the Club and to enhance the enjoyment and skill level of all rowers**
 - a. Attend all Executive meetings or appoint a representative
 - b. Report any major changes or issues with day-to-day operations
- 6. Work with the Executive to enhance the communication among athletes, other coaches and parents to ensure we are a high-performance organization dedicated to constant improvement in all things we do**
- 7. Work with the NRC Equipment and Boathouse Manager to ensure appropriate equipment is available and maintained.**
- 8. To work with the NRC Equipment and Boathouse Manager and members, to ensure equipment is properly cared for and the club facilities are maintained**
- 9. Actively promote the club and the sport of rowing within the community.**
- 10. Engage in professional development to remain apprised of changes in the field to promote best practices.**
- 11. Complete other tasks as directed by the club Executive.**

Compensation: : \$20-\$27/hour based on experience and qualifications. Our club is still being rebuilt from COVID and with a continued increase in membership, we hope to be able to offer increased wages soon

To apply, please submit a cover letter for the MORNING ROWING COACH POSITION, your resume and 2 references to NRC President Jennifer Mckenzie at nanaimo.rowing@gmail.com and feel free to email with any questions regarding this position. Thank you for your interest in our club.