



Loudon Park, 4295 Victoria Ave, Nanaimo, BC, Canada, British Columbia V9T 2A9

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## Job Posting

**Position Title:** Part- time Evening Masters and Senior Rowing Coach

**Location:** Nanaimo, B.C.

**Start Date:** ideally April 1, 2025-but may start earlier or later

**Program Hours:** Tuesday and Thursday 6-8 pm

**Overview:** The Nanaimo Rowing Club (NRC) was established in 1992 at Loudon Park on the beautiful and sheltered Long Lake. On water rowing is possible for most of the year as the lake rarely freezes. Nanaimo is a beautiful oceanfront city with a growing population of 105,000. Nanaimo offers a wonderful lifestyle offering urban convenience while still surrounded by natural beauty and amazing access to outdoor pursuits and nature. It is only a short ferry ride to Vancouver and has a growing airport as well.

Nanaimo Rowing Club provides a community environment to foster a passion for both recreational and competitive rowing in our Junior, Senior and Masters athletes. Like the city, the club is growing as well. We are looking for a coach with a passion for rowing and enthusiasm to help lead, support and nourish our growing program. We are looking for someone with a positive attitude and great communication skills who will have the support of a fun and friendly executive board and a very organized and enthusiastic Boathouse and Equipment manager and join our team of coaches.

### **Purpose of the position:**

1. To coach/instruct the recreational and competitive Masters and Senior athletes for evening practice and adult learn to row sessions two days a week.
2. To promote the values of the NRC and the sport of rowing in the community
3. To assist with day-to-day administration of the Club regarding the NRC evening program with support from the executive
4. To work cooperatively with the other club coaches to build and support the NRC Masters and Senior programs.

## **Qualifications:**

- Pleasure boat Operators license required
- RCA Performance Coach or working towards this qualification\*
- Strong knowledge of boating safety
- Knowledge of rowing mechanics, fundamentals and techniques
- Basic First Aid
- Strong interpersonal and communication skills
- Leadership skills and ability to work effectively as a member of a team
- Meeting RCA "Every Coach Certified" qualifications\*:
  - NCCP Coach initiation in Sport
  - NCCP Rowing Essentials
  - NCCP Make Ethical Decisions
  - Criminal Record Check and Vulnerable Sector check
  - NCCP Safe Sport module

\*for the right candidate NRC will support additional necessary coach certification

## **Responsibilities:**

### **1. To promote the philosophy, principles and priorities as established by the Club**

- a. Always exhibit the values of fun, sportsmanship, dedication to the sport and team spirit that is expected of any coach
- b. Recognize the responsibility as a role model for the athletes
- c. Promote a positive and cooperative atmosphere and encourage camaraderie among members.
- d. Promote and work within the model of Long-Term Athlete Development

### **2. Assist with setting a monthly calendar for NRC Evening Programs**

Expected program hours include Tuesday and Thursday 6-8 pm  
Break for Christmas, Break in summer before school starts.

- a. Ensure team app is up to date
- b. Provide reasonable notice if time off is required and work with part-time coaches to fill in schedule if time off is needed.

### **3. To work in cooperation with other program coaches and the Executive to coordinate coaching programs and goals**

- a. Attend coaches' meetings on a regular basis or as needed
- b. Provide yearly training plans for rowers
- c. Keep any program coaches informed of upcoming events and regatta information, training opportunities and information, as well as associated deadlines, to pass onto their athletes
- d. Provide resources to promote the technical recommendations of Rowing Canada

### **4. Ensure safety standards are clearly communicated and upheld**

- a. Work with the Registrar and program coaches to ensure that all are registered prior to on-water sessions and follow NRC safety policy and RCA rowing safety guidelines

- b. Review safety policy annually or as needed with the Executive
  - c. Issue Safety Advisories including invoking of cold-water rules and heat advisories related to the evening program
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- 5. Provide recommendations to the Executive on matters to improve the functioning of the Club and to enhance the enjoyment and skill level of all rowers**
    - a. Attend all Executive meetings or appoint a representative
    - b. Report any major changes or issues with day-to-day operations
  
  - 6. Work with the Executive to enhance the communication among athletes and other coaches to ensure we are a high-performance organization dedicated to constant improvement in all things we do**
  
  - 7. Work with the NRC Equipment and Boathouse Manager to ensure appropriate equipment is available and maintained.**
    - a. Assist with maintaining an up-to-date list of rowing equipment and input on life cycle replacement
  
  - 8. To work with the NRC Equipment and Boathouse Manager and members, to ensure equipment is properly cared for and the club facilities are maintained**
  
  - 9. Actively promote the club and the sport of rowing within the community.**
  
  - 10. Engage in professional development to remain appraised of changes in the field to promote best practices.**
  
  - 11. Complete other tasks as directed by the club Executive.**

**Compensation:** \$20-\$27/hour based on experience and qualifications. Our club is still rebuilding from COVID and with a successful increase in membership base we hope to be able to increase offered wages in future.

**To apply, please submit a cover letter for the EVENING ROWING COACH POSITION, resume and 2 references to NRC President Jennifer Mckenzie at [nanaimo.rowing@gmail.com](mailto:nanaimo.rowing@gmail.com) and feel free to email with any questions regarding this position. Thank you for your interest in our club.**